



01 .Oct. 2025 | Venue: Itqan - Clinical Simulation & Innovation Center - Doha- Qatar

Comprehensive Management of Chronic Pelvic Pain Syndrome: A Multidisciplinary Approach

Hands On Workshop

Targeted Candidates



Urologists



Urology Residents



Medical Students



Time Period
4 Hours

Workshop Director



Dr. Ahmad Majzoub

Faculty



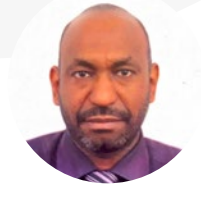
Dr. Nadir Fadol



Dr. Ajemsha Sharafeddin



Dr. Ayman Alnaqa



Dr. Ahmad Elamin

■ Mr. Laith Ahmad Saleh Ismail ■ Mr. Manisha Pramod Shenoy

Workshop Structure

Didactic Session (120 minutes):

Schedule	Time	Topic	Speaker
11:30AM-12:00PM	30 min	Registration	
12:00PM-12:20PM	20 min	Phenotype-based Treatment Approaches for Men with CP/CPPS	Dr. Ahmad Majzoub
12:20PM-12:30PM	10 min	Chronic Orchalgia: Treatment Strategies and Clinical Challenges CP/CPPS	Dr. Ahmad Majzoub
12:30PM-01:00PM	30 min	Approach to Management of Female CPPS/PBS	Dr. Ayman Elnaqa
01:00PM-01:20PM	20 min	Pelvic External Myofascial Mobilization: The Physiotherapist's Role in Managing CPPS	Dr. Ajimsha Sharafeddine
01:20PM-01:40PM	20 min	Psychological and Behavioral Considerations in CPPS: A Mental Health Perspective	Dr. Ahmed Elamin
01:40PM-02:00PM	20 min	Low Intensity Shockwave Therapy for The Treatment of CP/CPPS	Dr. Nadir Fadol
02:00PM-02:15PM	15 min	Break	
02:15PM-03:15PM	60 min	Practical Session	
		Pudendal Nerve Block	Dr. Ayman Elnaqa
		External Myofascial Mobilization	Dr. Ajimsha Sharafeddine
		Spermatic Cord Denervation	Dr. Ahmad Majzoub
		LiSWT	Dr. Nadir Fadol

Learning Outcomes

- Identify the pathophysiology and multifactorial nature of CP/CPPS.
- Perform diagnostic evaluations to differentiate CP/CPPS from other pelvic pain syndromes.
- Implement multidisciplinary management strategies, including pharmacological, physical, and psychological therapies.
- Apply hands-on techniques such as LiSWT, myofascial release, TENS, trigger point injections, and spermatic cord blocks in clinical practice.

Evaluation and Certification

- Participants will complete pre- and post-workshop evaluations to assess knowledge and skills gained.
- Certificates of completion will be awarded to participants who complete the workshop and demonstrate competence in hands-on techniques.

Workshop fee per attendee: 150\$

Register Now

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