





01.Oct.2025

Venue: Itqan - Clinical Simulation & Innovation Center - Doha- Qatar

Modern Management of Benign Prostatic Hyperplasia (BPH)

From TURP to Advanced Techniques

Hands On Workshop

Targeted Candidates



Urologists



Urology Residents



With a Priority to Juniors





Workshop Director



Dr. Abdelfattah Omran

Faculty



Dr. Ibrahim Al-Emadi



Dr. Khalid Awad



Dr. Mohamed Omar

Workshop Structure

Didactic Lectures (60 mins)

Objective:

Provide an evidence-based overview of current BPH treatments, focusing on surgical options.

Time PM	Topic	Speaker	Key Points
0:00 – 0:10	Introduction & Overview of BPH Management	Dr. Abdulfattah Omran	Epidemiology, indications for intervention, and choosing the right modality
0:10 - 0:25	TURP: Gold Standard or Outdated?	Dr. Abdulfattah Omran	Indications, technique, complications, long-term data
0:25 - 0:40	REZUM: Water Vapor Therapy	Dr. Khalid Awad	Mechanism, patient selection, outcomes, HMC data.
0:40 - 0:55	HoLEP: Enucleation Mastery	Dr. Mohamed Omar	Technique overview, laser settings, morcellation, comparative outcomes
0:55 – 1:00	Q&A	Moderator	Short Q&A to prep audience for hands-on

Hands-On Training (120 min)

Objective:

Allow participants to experience the tools and techniques used in BPH procedures.

Station Setup (20 mins per station, small groups rotate):

TURP Simulation Station

Manikin or virtual simulator

Focus: Resection technique, safe energy use, bleeding control

REZUM Hands-on Station

Disposable REZUM console demo (with model prostate)

Focus: Application technique, patient counselling, anaesthesia methods

HoLEP Simulation Station

Laser fiber handling, enucleation practice on a manikin or simulated tissue Morcellation technique demo

Clinical Integration - Case-Based Learning (30 min)

Q&A (30 min)

Evaluation and Certification

- Participants will take MCQs with immediate feedback and discussion post-workshop evaluations to assess knowledge and skills gained.
- Certificates of completion will be awarded to participants who complete the workshop and demonstrate competence in hands-on techniques

Workshop fee per attendee: 150\$



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